

PREPARES

Pregnancy & Parenting Support

A PROGRAM OF CATHOLIC COMMUNITY SERVICES

May 2019

*"The loveliest masterpiece of the heart of God is the love of a mother."
- St. Therese of Lisieux*

A PREPARES Response.....

PREPARES Volunteers Spring Retreat



Parish Coordinators and Volunteers gathered around Our Lady of Guadalupe

This year's spring retreat providentially fell between Mexican Mother's Day (May 10th) and U.S. Mother's Day (May 12th). Parish Coordinators and Volunteers gathered together at [Our Lady of Perpetual Help \(Everett\)](#) for a day of reflection

and community with one another. We reflected on our own mothers, our mother Mary as well as the mothers who we serve. PREPARES is so blessed to have so many compassionate women who are so generous with their time in the support of moms and families in need.

We hope all of our volunteers had a wonderful Mother's Day!

Parish Spotlight - St. Luke (Shoreline)



This is just a portion of the donations!

On Sunday, May 5th, [St. Luke's Parish \(Shoreline\)](#) held their annual Mother's Day Baby Shower in honor of moms in need. Through the generosity of parishioners, they collected over 3,400 diapers and 60 packages of wipes along with 4 bags of blankets and 6 bags of clothing. These items went to the support of PREPARES as well as Next Step Pregnancy Center.

Thanks so much to all of the volunteers who organized the event as well as the donors!

Share your Parish's Activities on Groopit

While Groopit is a great way to post needs that might be filled by our online community, it is also a great place to share what your parish is doing in support of families in need. Post a quick

photo of items you have collected or blankets and hats that have been lovingly hand made. We want this to be your community to share with one another.

Not a member of our online community yet? You can access the flyer on how to join [here](#).

Then download the app "letsgroopit" from the iOS App Store or Android App Store or you can use the web version at

www.letsgroopit.com/PREPARES. Be sure to set your browser to allow notifications. Follow these instructions: <https://bit.ly/2MP71RV>.



This Month's Helpful Handout: Developmental Milestones

How a child plays, learns, talks, acts, and moves offers important clues about the child's development. Developmental milestones are things most kids can do by a certain age in these four categories: social/emotional, language/communication, cognitive/learning, and physical/motor skills. Being aware and knowledgeable about the milestones can help in intervening early if there is a concern.

To learn more about what to look for, please click [here](#) to access the link to the Helpful Handout: **Developmental Milestones**.

A Prayer for Mothers

All-loving God,
we give you thanks and praise
for mothers young and old.

We pray for young mothers
who give life and count toes
and tend to our every need;
May they be blessed
with patience and tenderness
to care for their families
and themselves with great joy.

We pray for our own mothers
who have nurtured and cared for us;
May they continue to guide us in strong and gentle ways.

We remember mothers who are separated from their children
because of war, poverty or conflict;
May they feel the loving embrace of our God who wipes every tear away.

We pray for women who are not mothers



but still love and shape us with motherly care and compassion.

We remember mothers, grandmothers, and great-grandmothers who are no longer with us but who live forever in our memory and nourish us with their love.

Amen

Source: www.lordcalls.com/prayers-for-different-people

Upcoming Events

- Pentecost - **June 9th**
- Father's Day - **June 16th**
- Mary Queen of Peace Baby Shower - **June 15th & 16th**
- Christ the King Community Baby Shower - **June 30th**

Blessings,

Donna, Erin, Carol, Teresa, Lisa, Mary Pauline and Guillermina

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VOLUNTEER



DONATE



To learn about updates and upcoming PREPARES events, please visit us on Facebook at www.facebook.com/PreparesWW

Please consider joining us in walking the journey with families in your own parish community. For more information please visit our website at www.preparesforlife.org. If you know of others who might be interested in volunteering and or learning more about PREPARES, please forward them this message or have them contact us directly.

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SERVING PEOPLE OF ALL BELIEFS